



THE HEALTHY WORK SURVEY INFORMATION FOR EMPLOYERS

What is the Healthy Work Survey?

- A free, online tool developed by the [Healthy Work Campaign](#).
- The tool is scientifically accurate and is developed in collaboration with a team of university researchers and occupational health and safety experts.
- The tool measures work stressors (sources of stress at work, also called psychosocial hazards) for individuals, organizations, and companies.
- A Google Form, which takes about 20 minutes to complete, is anonymous, secure and confidential.
- Most questions come from the [NIOSH Quality of Work Life questionnaire](#), used every four years in a nationally representative survey of US working people.
- After completion, a free, automated report of results can be emailed to each participant (if they choose) and an aggregate report to the participating organization.

Why use the Healthy Work Survey?

The HWS is a tool that will allow your company to identify:

1. Sources of stress at work (work stressors) based on the first-hand knowledge of your employees.
2. Health and productivity outcomes including self-reported mental and physical health, burnout, and sick leave.
3. Potential solutions (to the stressors identified in the survey) to reduce work stressors and actions you can take to improve the culture and health of your organization.
4. How to keep and retain good employees--by identifying sources of stress at work that may cause them to leave the workplace.

How do we start?

If you are a representative of your organization (e.g. HR/health & safety director, wellness program coordinator, manager, senior leadership etc.) and you are interested in using the survey with your employees, please complete this [short form](#). Then, we will email you:

1. A confidential link to the HWS to email to your employees.
2. Guidance about how to administer the online survey.
3. After a majority of your employees completes the survey, an aggregate/group-level report. (Results for your group will be compared to scores on major work stressors from the QWL national population survey.)



4. If you need help with the report or to guide interventions to reduce workplace stressors and improve your employees' mental and physical health, our team of experts at HWC are available.
5. Our [Employers Toolkit](#) & [Healthy Work Strategies](#) are also available free of charge for you to use and identify the best intervention approaches at your workplace.

For more information about the survey please go to:
<https://healthywork.org/employers/healthy-work-survey-employers/>
or email: contact@healthywork.org