



Reduce harmful work stressors.  
Improve job quality and health.

# Healthy Work Strategies

## Work scheduling laws contribute to more stable employment

Having an unpredictable or on-call work schedule can make it difficult to schedule child care, meet second job commitments, go to school, or meet other family or social responsibilities. Not having steady full-time work can lead to difficulty paying rent and bills. Therefore, worker advocates have pushed for laws that provide workers with more steady work schedules.

### Fair workweek laws

In May, 2017, New York City enacted a package of bills that created more stable work for fast-food and retail workers by banning practices like unpaid on-call and last-minute scheduling that left workers with unpredictable schedules. The new legislation prohibits employers from cancelling, changing, or adding work shifts within 72 hours of the start of a shift.

In 2018, Philadelphia's city council enacted a fair scheduling law that required all businesses with more than 250 employees and more than 30 locations (not just retail) to provide schedules to workers at least 10 days in advance. The bill also required employers to offer additional work hours to existing employees instead of hiring new employees, and prevented employers from retaliating against workers for requesting or declining more hours.

An Oregon law, effective July 2018, established work scheduling standards for retail, hospitality, and food service workers at companies with at least 500 employees worldwide. The law requires that employers provide written estimates of schedules that clearly explain median monthly hours, voluntary standby, and on-call shifts. Employers are required to provide work schedules at least seven days in advance, and by July 1, 2020, 14 days' notice will be required. The law also gives workers the right to at least 10 hours between certain shifts, the right to identify changes in work schedule availability, the right to request not to be scheduled for work shifts during certain times or at certain work locations, and the right to be paid for certain work schedule changes.

Along with the 172,000 Oregon workers covered by their law, another 698,000 workers are protected under comprehensive “fair workweek” laws enacted by local governments between 2014 and 2018. These include 2,500 in Emeryville, California, 23,000 in San Francisco, 40,000 in Seattle, 130,000 in Philadelphia, 175,000 in San Jose, and 327,000 in New York City.

### **Less comprehensive, but related laws**

Less comprehensive than fair workweek laws but still helpful to workers are “right-to-request” laws passed at state (including New Hampshire and Vermont) and local levels that bring the number of protected workers to more than 1.8 million. These laws give all or most private-sector workers the right to request flexibility in work hours and work location. While there are similarities in the details of fair workweek and right-to-request laws from one location to another, there are also some unique protections. These include San Francisco’s “part-time parity” laws protecting workers from discrimination based on part-time status, and San Francisco’s Family Friendly Workplace Ordinance, which addresses employee requests for flexible scheduling in order to care for a dependent family member.

### **More information**

For more information about such laws, see: <https://www.epi.org/>. If your city or state does not have such a law, you can get involved in trying to pass one.

### **References:**

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4. Wolfe, J., Jones, J., & Cooper, D. (2018). ‘Fair Workweek’ Laws Help More Than 1.8 Million Workers. *Washington, DC: Economic Policy Institute report*. <https://www.epi.org/>.
5. Employee Work Schedules. <https://www.oregon.gov/>.